


Hickory Academy Class Schedule: 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm to 5:15pm	<u>Kids Karate Beginners</u> Kids 7 and up	<u>Kicking Cubs</u> Kids 4 to 6 Years old	<u>Kids Karate Beginners</u> Kids 7 and up	<u>Kicking Cubs</u> Kids 4 to 6 Years old	<u>Private Lessons</u> By Appointment	<u>Karate All Levels</u> Kids and Adults 7 years and up 9am to 9:45am
5:30pm to 6:15pm	<u>Kids Karate All Levels</u> Kids 7 and up	<u>Kids Karate All Levels</u> Kids 7 and up	<u>Kids Karate All Levels</u> Kids 7 and up	<u>Kids Karate All Levels</u> Kids 7 and up	<u>Group Self Defense Seminars</u> By Appointment	<u>Sparring Class</u> Kids and Adults 7 years and up 10am to 10:45am
6:30pm to 7:15pm	<u>Youth Gracie Jiu-Jitsu</u> Kids 6 and up And <u>Advanced Karate</u> Blue Belts and up	<u>Kids Karate All Levels</u> Kids 7 and up And <u>Teen/Adult Karate</u> 13 years and up	<u>Youth Gracie Jiu-Jitsu</u> Kids 6 and up And Advanced Karate Blue belts and up	<u>Kids Karate All Levels</u> Kids 7 and up And <u>Teen/Adult Karate</u> 13 years and up		<u>Gracie Jiu-Jitsu</u> Kids and Adults 7 years and up 11am to 11:45am
7:30pm to 8:30pm	<u>Teen/Adult Pedro Sauer Gracie Jiu-Jitsu</u> 13 years and up	<u>Advanced Karate</u> Blue Belts and up	<u>Teen/Adult Pedro Sauer Gracie Jiu-Jitsu</u> 13 years and up	<u>Advanced Karate</u> Blue Belts and up		<u>Private lessons</u> by appointment
8:30pm	Private lessons by appointment.					
11am to 11:45am	Private lessons by appointment					